PRESS RELEASE

31 July, 2001



Teleconference

We are pleased to invite you to a conference call Monday, **August 6, 2001, 10.00, CET** to review If P&C Insurance's Q2 Report Announcement. Bo Ingemarson, Chief Executive Officer and Tom Rathke, Chief Financial Officer, will represent If. Prepared remarks will take approximately 25 minutes and will be followed by a question-and-answer session. The presentation will be published on If's IR web site, www.if-insurance.com.

The agenda for the call will be as follows (CET):

09.50	Call +44 (0)20 8240 8245 and request to be connected
	to the If teleconference.
10.00	Review interim results.
10.25	Questions & Answers.
10.45	If teleconference call close.

In case you are not able to join the teleconference you can listen to a recorded version. Call +44 (0)20 8288 4459, access code: 676 392. The lines are open until August 8, 2001.

Best regards, Susanna Halse Investor Relations

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