

Press Release #06-99

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Forcenergy Inc Announcement

November 22, 1999 (MIAMI, FL)...Forcenergy Inc (OTCBB: FENYQ) announced that the First Amended Joint Disclosure Statement for the Company's Plan of Reorganization (the "Plan") was approved on October 22, 1999 by the United States Bankruptcy Court for the Eastern District of Louisiana. A confirmation hearing is scheduled on December 13, 1999.

On November 16, 1999 the Bankruptcy Court extended the time period for which only the Company has the exclusive right to file a plan of reorganization. No other Plan has been submitted or can be submitted during the Company's exclusivity period.

The Plan and ballots for voting to accept or reject the Plan have been distributed to creditors and shareholders. The current deadline for voting requires that ballots actually be received prior to November 30, 1999 at 5:00 p.m. central standard time. Additional Plan packages are available from Andrews & Kurth L.L.P. and may be requested by fax at (713) 220-4285, Attention Ali Gallegos.

Forcenergy Inc is an independent oil and gas company engaged in the exploration, acquisition, development, exploitation and production of oil and natural gas. Forcenergy's primary areas of operation are the Gulf of Mexico and Cook Inlet, Alaska.

Certain statements in this news release regarding future expectations and plans for future activities may be regarded as "forward looking statements" within the meaning of the Securities Litigation Reform Act. They are subject to various risks, such as financial market conditions, operating hazards, drilling risks, and the inherent uncertainties in interpreting engineering data relating to underground accumulations of oil and natural gas, as well as other risks discussed in detail in the Company's SEC filings, including the Form 10-K for the year ended December 31, 1998. Actual results and outcomes may vary materially.