## **Press Release**



21 April 2010

## **Inspirational words from Olympic Gold Medalist**

Olympic Gold Medalist, Jason Gardener recently joined Devon School Sports Coordinators at its annual conference. The event, which took place in Tiverton was opened by Young Ambassador, Max Oliver, who received a one to one motivational session with the 'Bath Bullet' before addressing the 60 strong audience.

This year's Devon School Sports Coordinators conference proved to be an inspirational and exciting event. Youth Sports Ambassador and prospective Olympic Sprinter, 16 year old Max Oliver opened the conference with a confident and coherent speech, something that he said he wouldn't have dreamed of doing before the training he received through the Sports Leaders UK Level 1 Award in Sports Leadership.

Olympic Sprinter, Jason Gardener gave an inspirational key note speech at the conference followed by a lively question and answer session. Jason (aka the 'Bath Bullet') spoke about the build up to his Olympic career, his aspirations as a school boy growing up in bath, his mentors and his motivation to be the best he could be.

Max, who is a student at St Luke's Science and Sports College in Exeter received a one to one motivational session with Jason Gardener prior to the event and got his first glimpse of an Olympic Gold medal.

Geoff Palmer, Regional Development Officer for Bristol and Western Counties, Sports Leaders UK said: "It is events like this that identify the opportunities and achievements that are possible through Sports Leaders UK qualifications and awards. Through the skills and experience Max has gained, he has progressed to Young Ambassador and is now able to confidently address an audience of 60 delegates.

"This event has enabled Max to meet one of his sporting heroes and I'm sure that it will fuel even more motivation to succeed in his sporting ambitions in the future."

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**Sports Leaders UK Public Relations** 

Anne Compton T: 01908 689212 E: media@sportsleaders.org