

SUMMER HOLIDAY FUN FOR KIDS AT AWARD-WINNING RESTAURANT

AN award-winning North West restaurant is offering children the chance to go behind the scenes and spend the day rustling up a whole host of healthy treats this summer!

Twelve Restaurant & Lounge Bar in Thornton Cleveleys near Blackpool will open the doors of its state-of-the-art kitchen on Wednesday 28th July for a Kids Cookery Day.

Chef Proprietor Paul Moss will pass on his knowledge of running a top flight restaurant and event management company to young foodies!

Paul, alongside Head Chef Simon Ball will be showing the young cooks the basics of preparing and cooking dishes with chicken, rice, pasta and fresh vegetables.

Delicious smoothies will also form part of the day s menu as well as scrumptious biscuits and cakes!

Paul, who has recently been working with local schools to promote healthy eating, said: Everyone that attends our kids cookery demonstration will go away with lots of ideas to try out over the summer holidays.

For young people really interested in food and what goes into running a restaurant it will be a great experience you never know, we might find the future Head Chef of Twelve in our midst!

Twelve s kitchen won the 2008 Ceda Grand Prix Award for best design. The restaurant is the only one in Lancashire to have the coveted Bib Gourmand status as well as two AA Rosettes.

The Kids Cookery day is open for young people aged 12 and over and will start at 9.30am and finish at 3pm. Tickets cost £20 per person.

To book a place, or for more information, please call Twelve Restaurant on 01253 821212 or visit www.twelve-restaurant.co.uk

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" Pictures of Twelve Restaurant & Lounge Bar are available.

" Twelve Restaurant & Lounge Bar is located at the Fylde s historic gem, Marsh Mill Village, Thornton Cleveleys. It is jointly owned by husband and wife team, Paul Moss, Chef Proprietor, and Caroline Upton, Front of House Proprietor.

" The restaurant is located directly underneath one of the tallest working windmills in Europe. The restaurant is a contemporary dining area and lounge bar. The restaurant is equipped with state-of-the-art kitchen facilities.

" Paul Moss and Caroline Upton also operate Twelve Event Management which provides full event management services including organising locations, catering, entertainment, flowers, staffing and creative ideas.

" 2010 anniversary celebrations: Twelve is celebrating its 10th anniversary with a series of special events. More details are available at www.twelve-restaurant.co.uk

" Twelve employs 32 members of staff including Head Chef, Simon Ball, and Event Designer Dulcie Devlin.

" Awards: Twelve Restaurant is the only restaurant in Lancashire to have Bib Gourmand status in 2010 which it has retained for the sixth year running; two AA Rosettes; Lancashire & Lake District Life Restaurant of the Year 2004–2005; Ceda Grand Prix Awards 2008 best kitchen design.

" Twelve Restaurant & Lounge Bar is open six days a week, from Tuesday until Sunday, from 6.30pm and for Sunday lunch from 12noon–3pm.

For further information please contact: Julie Hackett at ICG on 01772 679383 or 07973 196787 or email julie@icgonline.co.uk.

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