Forcenergy

NEWS RELEASE

Press Release #04-99

For Release: March 31, 1999 Contact: J. Russell Porter

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FORCENERGY ANNOUNCES NEW STOCK SYMBOL

March 31, 1999 (MIAMI, FL)...Forcenergy Inc announced today that its stock trading symbol has been changed from "FEN" to "FENYQ." Beginning April 1, 1999 Forcenergy's common stock will trade on the OTC Bulletin Board under the new symbol.

Forcenergy expects to release fourth quarter and full year 1998 financials on April 15, 1999.

Forcenergy Inc is an independent oil and gas company engaged in the exploration, acquisition, development, exploitation and production of oil and natural gas. Forcenergy's primary areas of operations are the Gulf of Mexico and Cook Inlet, Alaska.

Certain statements in this news release regarding future expectations and plans for future activities may be regarded as "forward looking statements" within the meaning of the Securities Litigation Reform Act. They are subject to various risks, such as financial market conditions, operating hazards, drilling risks, and the inherent uncertainties in interpreting engineering data relating to underground accumulations of oil and natural gas, as well as other risks discussed in detail in the Company's SEC filings, including the Annual Report and Form 10-K for the year ended December 31, 1997. Actual results and outcomes may vary materially.